



AMERICA SUCCEEDS

What is Social-Emotional Learning?

According to the Collaborative for Academic, Social, and Emotional Learning (CASEL), social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy towards others, establish and maintain positive relationships, and make responsible decisions.

How is it implemented?

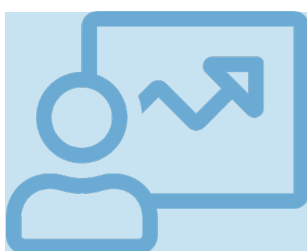
Social and emotional learning can be integrated into schools through a variety of ways:

- Explicit SEL skills instruction
- Integration with academic curriculum
- Teacher instructional practices
- Organization, cultural, and climate strategies

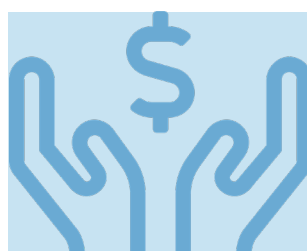


Benefits of SEL

The largest study to date on SEL was a 2011 meta-analysis of 213 studies involving more than 270,000 students that showed those who participated in SEL programs showed an 11% gain in academic achievement. Other benefits include:



Improved Behavior



Strong Return on Investment



Improved Student Outcomes

Sources: 2018 Social Emotional Learning Report, McGraw-Hill Education.

["How Three States are Supplementing Federal Funds for Workforce Development,"](#) Urban Wire
["What is SEL?,"](#) Collaborative for Academic, Social, and Emotional Learning (CASEL)